



CELEBRATING 45 YEARS

Nevada Rural Counties
Retired & Senior Volunteer Program (RSVP)
2018 Annual Impact Report

Vision

The Nevada Rural Counties Retired & Senior Volunteer Program (RSVP) vision is to empower volunteers who wish to make a difference for good in their communities and to enhance the quality of life for all through high impact volunteer service.

Mission

The RSVP mission is to provide Lifesaving Volunteer Programs that help Seniors Maintain their Dignity, Self-Respect & Independence.

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CARING IS GIVING



Dear Friends,

This past year, the support of our communities has been outstanding! You helped ensure the endurance of our high quality volunteer-delivered services, which have been in place for forty five years.

Through the gifts of volunteerism, individual donations, corporate contributions and grants; RSVP stewarded the support necessary for Nevada’s seniors, veterans, caregivers and adults living with a disability to receive the care and lifesaving services which are so necessary for health, independence and the dignity they deserve.

Thank you for your support and for being part of the solution to foster healthy communities in our state.

Sincerely,

Caroline Punches, Board President

Susan C. Haas, Executive Director & C.E.O.

A brief history: 45 years strong



RSVP volunteers in the Nye County Sheriff's Office stand for a pose during RSVP's Volunteer recognition day in 2017.

- ⇒ **1973** Carson City begins the first RSVP rural program as a satellite of Washoe County RSVP.
- ⇒ **1974** A 5 Rural Counties RSVP is launched by a grant awarded to the Carson River Basin Council of Governments as sponsor.
- ⇒ **1982** A 13 Rural Counties RSVP grant is awarded by ACTION to City of Carson as sponsor.
- ⇒ **1986** A 15 Rural Counties RSVP grant is awarded by ACTION to NACO as sponsor.
- ⇒ **1988** A 15 Rural Counties RSVP grant is awarded by ACTION to City of Carson as sponsor.
- ⇒ **1993** Nevada Rural Counties RSVP non-profit becomes the sponsor for the 15 Rural Counties RSVP.
- ⇒ **Current** RSVP is a self-funded and self-sponsored community service organization.
- ⇒ RSVP receives funding from the Corporation for National and Community Service (CNCS) which operates a network of national service programs for Americans 55 years and older through Senior Corps - which engages volunteers to improve lives and foster civic engagement by addressing critical community needs, including elderly care.



RSVP Presents “Reaching For Zero” A Veteran Appreciation & Veteran Suicide Prevention Awareness Event in January 2018 at the Nevada Governor’s Mansion



Pictured L-R: Katherine Miller, Director, Nevada Department of Veterans Services; Susan Haas, RSVP Executive Director & CEO; Wendy Simons, Deputy Director of Veterans Wellness, Nevada Department of Veterans Services

Accomplishments

2018 was an impactful year for RSVP! Below are just a few highlights of our accomplishments:

- RSVP continued the long standing tradition of presenting RSVP’s Carson City Carnivals & Celebrations in May, July and October;
- RSVP launched E-News – our first digital newsletter to bring you important monthly updates;
- RSVP added two new events to support our Veterans –Reaching For Zero and Veterans & Their Caregivers Resource Fair;
- RSVP presented 6 Respite Education & Support Tools Trainings (REST) to 64 caregivers, volunteers, and interested community members;
- RSVP hosted a Dementia Friends Information Session - reaching 57 caregivers in 5 communities;
- RSVP issued a Call to Action utilizing local newspapers, social media, radio and TV to help create awareness of Transportation and Respite Services;
- RSVP was awarded two Innovation Project Grants from the Nevada Aging & Disability Services to implement “Friends Day Out” featuring Java Music Club; and “Effective Solutions in rural Transportation” to deliver technology, program expansion, increase public awareness and volunteer engagement.



RSVP Serves 15 of Nevada’s 17 rural counties including Carson City with independent living programs; and offers respite care in Washoe County.

WHY JOIN OUR COMMUNITY OF VOLUNTEERS?

According to “The Benefits of Volunteering for Older Americans”, a 2012 Fact Sheet issued by The Corporation for National and Community Service, a growing body of research shows an association between volunteering and mental and physical health benefits.

Older volunteers also report lower mortality rates, lower rates of depression, fewer physical limitations, and higher levels of well being.



A Salute to Our 10+ Year Volunteers

RSVP Volunteers donate countless hours of selfless service each year to improve the quality of life in our communities and ensure the health and independence of seniors and others in need.

With **520** active volunteers in 2018, RSVP would like to give a special salute to our volunteers who have served continuously for **10+ Years**.



Pictured L-R: Susan Haas, Emmabell Herak, Sheriff Ken Furlong

RSVP Volunteers with 10+ Years of Service

Emmabell Herak	34	Teri Lockie	15	Jackie Stroud	12
Nancy Gloeckner	29	Patricia O'Connor	15	Dixie Buzick	11
Nancy Maslach	27	Toni Pardee	15	Jolena Johnson	11
Loretta Jones	26	Christene Balew	14	Gloria Smith	11
Rosemary Davis	25	Jeanne Baret	14	Sharon Weaver	11
Dolores Gilgert	22	Patricia Buckler	13	Debra Cauley	10
June Taylor	22	Cindy Byington	13	Ed Jackson	10
Robert V. Brewer	21	Pamela Johnson	13	Robert Komac	10
Janet Gray	19	Susan M. Kimbrough	13	Carolyn Southard	10
Rose Stieha	19	Jan Lindsay	13	Jacquelyn Spacek	10
Spencer C. Gray	17	Arlene Terborg	13	Betty Thoreson	10
Judy Berg	16	Barbara Rohde	13		
Janet Whitmore	16	Elayne Peterson	12		

Volunteers Honored by Community

RSVP Volunteers that were recognized in 2018 for their extraordinary service:

Governor's Points of Light Award

Albert Bass
(Individual, Rural Nevada) Recipient

Cozette Eldridge
(Volunteer Manager) Recipient

Kevin McClelland
(Individual, Northern Nevada) Finalist

Linda Carr Caregiver Award

James Glaser (Caregiver for a Veteran)

Veteran of the Month (July) Veterans Services Commission
Craig (Skip) Becker



RSVP is Dementia Friendly

The Dementia Friendly America Initiative is catalyzing a movement to more effectively support and serve those who are living with dementia and their family and friend care partners.

In 2018 RSVP launched a campaign to tackle the stigma and lack of understanding around dementia. RSVP is a valued partner in the Dementia Friendly Nevada Initiative—providing services that are informed, safe, respectful and inclusive of persons living with dementia and their Care Partners. RSVP’s Independent Living Programs such as transportation, companionship and respite care, are part of the relevant service connection that align with this Initiative.

RSVP presented Dementia Friends Information Sessions - educating 57 caregivers. A Dementia Friend learns a little bit more about what it's like to live with dementia and then turns that understanding into action.



According to the Alzheimer’s Association, “there are approximately 45,000 individuals living with dementia in Nevada. By the year 2025, that number is projected to increase by 42% to 64,000 people.”



Heidi Slater, Alzheimer’s Association, speaking on “Understanding & Responding to Dementia Related Behaviors” during RSVP’s October 2018 Quarterly Volunteer Training.



Jennifer Carson, Ph.D., Gerontology Academic Program, UNR, speaking on “Dementia Friendly Nevada” during RSVP’s 2018 Volunteer Seminar .



“I care for my 91 year old mom who has Alzheimer’s. The RSVP program has changed our ability to complete our simplest tasks. The RSVP drivers are kind, patient, understanding and totally professional. They treat Mom with tremendous respect and dignity.”

- RSVP Caregiver

By the Numbers → 2018 Impact

5,416 People received direct services

5,225 Seniors across the state received Farmer's Market Coupons

54,425 Volunteer hours provided for direct services

40,861 Volunteer hours provided at Community Volunteer Stations



"I feel safe and worry free knowing I have someone dependable to get me to my doctor. God bless this Program."

- RSVP Transportation Client, 2018 Client Satisfaction Survey

Volunteers Deliver Lifesaving Services

Field Representatives by County

Carson City (Veterans VIP): James Glaser

Elko (Transportation): Mackenzie Gonzales

Humboldt: Kate Fries

Lincoln: June Taylor

Lyon: Robert & Sharon Roscher

Mineral: MJ Dykxhoorn

Nye: Jan Lindsay, Tonya Brum

Storey: Louise Peña

Washoe: Joan Lee, Dave Hart

White Pine: Cozette Eldridge, Calvin Kennedy

- Home companions reached **1,173** clients.
- Homemakers provided **114** clients with housekeeping services.
- Transportation volunteers provided **1,209** seniors and disabled adults with essential trips such as medical and dental appts.
- CARE Law provided **1,187** low-income seniors with legal services including help with debt problems, probate and elder abuse issues.
- Respite Care volunteers provided respite to **219** caregivers and care recipients.
- Personal emergency response systems were installed/maintained in the homes of **288** seniors for access to emergency services.
- Elder Exercise Program provided **51** seniors with light weight exercise to improve mobility, strength and help prevent falls.
- Senior Farmers Market Coupons were distributed to **625** low-income seniors. RSVP administers the program statewide, providing coupons to an extra **4,600** seniors.
- Food Distribution and Food Drop was provided to **1,034** seniors to help reduce hunger.
- Senior Arts & Crafts Program reached **30** seniors to offer opportunities for creative expression, socialization & enrichment.
- RSVP referred **111** Veteran clients to the Carson City Sheriff's Office Volunteers in Partnership Program (VIPS for Vets).
- RSVP provided a total of **95,286** volunteer hours to **51** station sites at health care facilities, government agencies and community non-profits.



Volunteers are recognized during RSVP's Annual Volunteer Appreciation & Holiday Event held in December at the Carson Nugget

By the Numbers → County by County

County	Clients/ Recipients	Volunteers	Value of RSVP Services
Carson City	1,546	167	\$575,993
Churchill	44	2	\$ 15,051
Douglas	124	22	\$ 39,214
Elko	206	13	\$ 55,470
Eureka	5	1	\$ 1,575
Humboldt	1,083	27	\$283,316
Lander	57	1	\$ 10,800
Lincoln	993	40	\$130,541
Lyon	475	27	\$205,879
Mineral	295	10	\$118,242
Nye/Esmeralda	356	57	\$362,801
Pershing	11	1	\$ 6,000
Storey	31	6	\$ 25,409
White Pine	185	18	\$ 69,439
Washoe	5	5	\$ 58,121

Board of Directors

Caroline Punches, President
 Allan Ward, Vice President
 Kevin S. Kirkeby, Treasurer
 Stacey Giomi, Secretary
 Nick Marano, Director
 Abigail M. Wheeler, Director
 Jerry Thurman, Past President

Susan C. Haas
 Executive Director & CEO

Staff

Eric C. Schlundt
 Controller

Lora E. Myles
 Attorney

Melanie Barkley
 Director of Development

Sandy Severance
 HCP & Veterans VIP Program
 Director

Lauren Jones
 Accounting Assistant &
 Lifeline Manager

Kathy Hanson
 Respite Coordinator

Karen Caldwell-Weil
 Respite Supervisor

Kris Hughes
 Program Coordinator & PERS,
 Homemaker, Data Manager

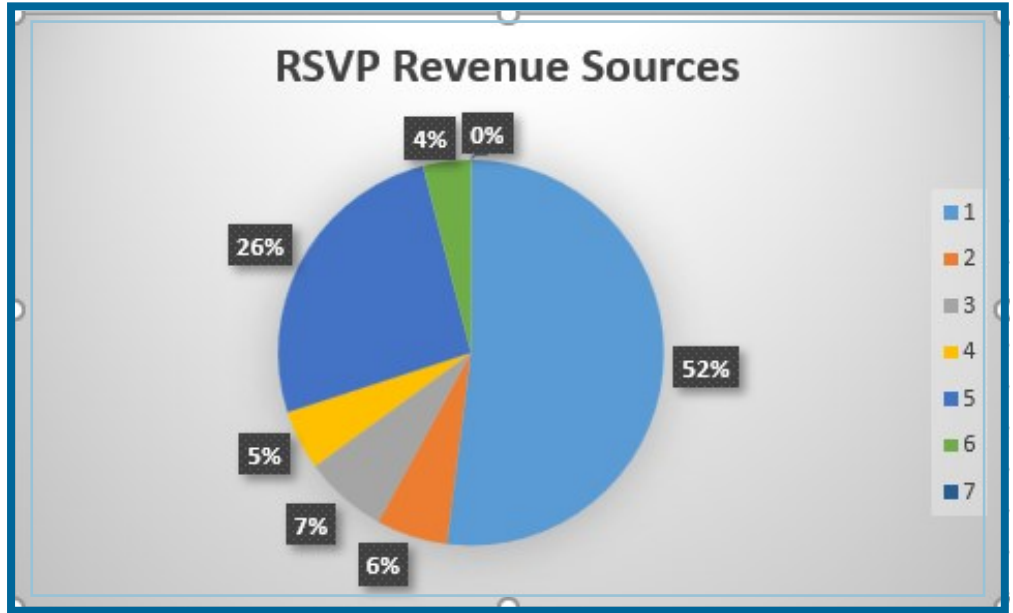
Nancy Henry
 Transportation Manager
 Innovations Project

Steven Nichols
 Respite Program Director
 Innovations Project &
 Carnival Manager

RSVP VOLUNTEER STATIONS SHOW IMPACT

- Alamo Senior Center
- Bible Talk Ministries
- Carson Aquatic Center
- Carson City Library
- Carson City Sheriff's Office
- Carson-Tahoe Regional Medical Center
- Carson City Literacy
- Children's Museum of Northern Nevada
- ComputerCorps
- Dayton Valley Branch Library
- Douglas County Backpack Buddies
- Ely Renaissance Society
- ESL In-Home Program of Northern Nevada
- Elko Family Resource Center
- Fernley Food Pantry
- FISH Pantry & Dining Room
- G.C. Dils Hospital Auxiliary Thrift Shop
- Lincoln County Box Car Museum
- Lincoln County Community Service
- Lincoln County Food Drop
- Lincoln County Library
- Loving Care Animal Society Thrift Store
- Nevada Legislative Counsel Bureau
- Nevada State Museum
- Nevada State Railroad Museum
- N. Nevada Medical Center
- Nye County Sheriff's Auxiliary
- Olson Senior Center
- Pahrnagat Wildlife Refuge
- Pahrump Community Library
- Pahrump Senior Center
- River District Advisory Council
- River District Community Service
- River District Social Activities
- USDA Commodity Foods (3 Stations)
- War Veterans Memorial
- WE CARE
- Western Nevada College
- White Pine County Commission
- White Pine County Senior Center
- White Pine Nutrition Program
- Winnemucca Family Support Center

Financial Overview



Revenue by Type

In 2018, RSVP's revenue categories were grouped in seven categories by Type:

Government Grants (City, State, Federal): \$1,064,352 - 52%

Private Grants: \$119,265 - 6%

Individual Contributions: \$144,634 - 7%

Special Events: \$93,638 - 5%

Contributed Professional Services: \$541,651 - 26%

Lifeline Income: \$73,073 - 4%

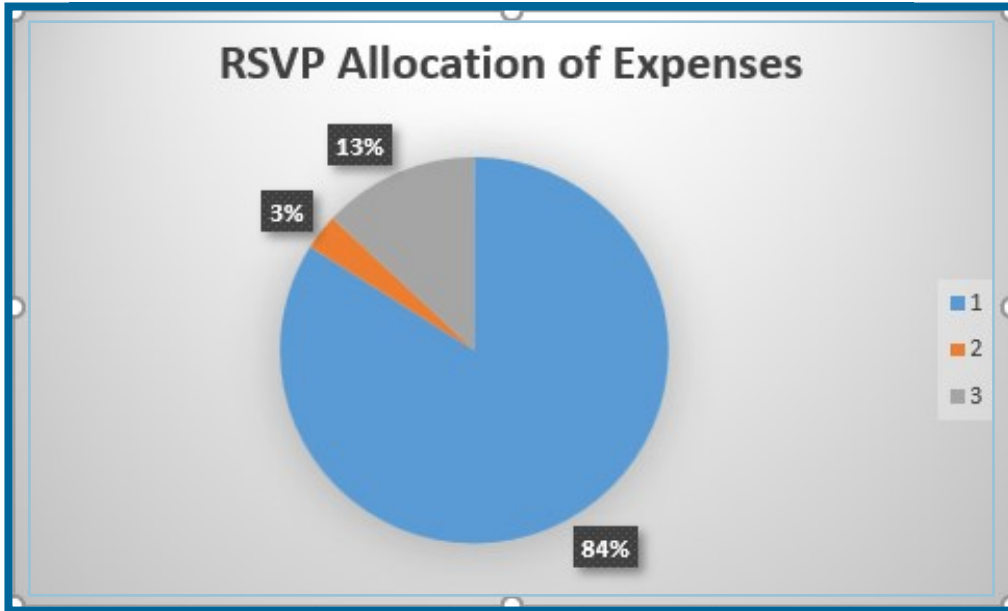
Miscellaneous Revenue: \$2,809 - .001%

Giving Makes a Difference

"My driver, Becca, is an angel and a God send. She has gone from not only driving me to my appointments, but also picks up my prescriptions when I am unable to do so. I would be lost if not for RSVP as I am 100% house bound."

- RSVP Elko Transportation and Lifeline Client

Financial Overview



Allocation of Expenses

In 2018, RSVP's expense categories were grouped in three functional categories:

Program Services: \$1,751,411 - 84%

Fundraising: \$56,307 - 3%

Administrative & General: \$271,592 - 13%

Return on Volunteer Investment

Keeping seniors in their own homes is advantageous for many reasons. Not only is it the most fiscally prudent way to help them, it's the right thing to do. Living independently helps to retain the dignity and lifestyle of the individual. They are able to avoid costly and premature institutionalization in a long-term care facility at a cost that ranges between \$82,125 and \$94,969 annually in Nevada (AARP Long-Term Care Calculator, 2015).

⇒ **2018 Value of RSVP services for 95,286 hours of volunteer contribution: \$2,405,399**

(This cost is based on the number of volunteer hours at the Independent Sector's Value of Volunteer Time 2017 Nevada Index—\$21.85 per hour, and professional fees for legal services of \$300 per hour).

Partner Agencies

Alzheimer's Association

AARP Nevada

Carson City Senior Center

Carson City Sheriff's Office

Elko Family Resource Center

Nevada Aging & Disability Services Division

Nevada Department of Health & Human Services

Nevada Health Centers

Nevada Lifespan Respite Care Coalition

Nevada Office of Suicide Prevention

Nevada 2-1-1

Nevada Volunteers

NyE Communities Coalition

PACE Communities Coalition

RAVE Family Foundation

Sanford Center for Aging

Senior Service Network

Storey County

Winnemucca Family Support Center



A New Initiative: Spotlight on Veterans

“In times of war and conflict, we leave no soldier behind...as well as at home, no veteran should be left behind. The Carson City Sheriff’s Office partners with RSVP so that no veteran is left behind.”

- Sheriff Ken Furlong
Carson City Sheriff’s Office



In Nevada, as the aging veteran population is expected to continue to grow - veterans that are living in poverty, at risk of suicide or costly institutionalization, and who are unable to remain independent and in their own homes without assistance will continue to be a serious community need.



RSVP expanded its scope of services to include a dedicated Veterans program to help make a difference in the lives of Veterans. We offer support and assistance to Veterans in need, and recruit Veterans to volunteer to help seniors and their peers—other Veterans. Additionally, RSVP helps Veterans access suicide prevention and awareness resources.

The RSVP Veterans Volunteers in Partnership (VIP) Program is a collaboration with numerous groups dedicated to assisting Veterans.

Highlights of Success

- ⇒ AmeriCorps VISTA members worked to build the Program’s infrastructure for long-term comprehensive support system through initial funding from the Corporation for National and Community Service.
- ⇒ With funding from the Community Development Block Grant (CDBG) Program, Carson City - the VIP Program helps empower veterans and their families to emerge from poverty and remain independent.
- ⇒ RSVP partners with the Carson City Sheriff’s Office to transport RSVP Veteran clients to their local and long-distance doctor appointments, the VA Medical Center in Reno, and the VA Carson Valley Clinic in Gardnerville.
- ⇒ RSVP presented the first “Veterans & Their Caregivers” Resource Fair which drew more than 75 Veterans and 40 participating organizations and sponsors.
- ⇒ RSVP partners with the Nevada Office of Suicide Prevention to provide Veterans with referrals for suicide prevention resources and education.
- ⇒ RSVP presented a *new* fundraiser, “Reaching For Zero”, a Veteran Appreciation and Veteran Suicide Awareness Event at the Nevada Governor’s Mansion. The event drew over 100 attendees and featured a color guard ceremony, brunch, entertainment, auction, raffle, and keynote speakers from the Nevada Office of Suicide Prevention, Western Nevada College & Warm Springs Correction Center.
- ⇒ RSVP teamed up with the Carson City Sheriff’s Office to collect and send “Christmas packages to our Troops” serving overseas. The Project was organized by Gardnerville resident Sally Wiley.
- ⇒ RSVP was a recipient of the 2017 Governor’s ‘Points of Light Award’ in the Category: Volunteer Program Serving Veterans. This Award honors the contribution to communities through volunteer service that exemplifies achievement, need, innovation, mobilization and endurance.

Donors Foundations, Organizations & Companies

Gifts Totaling \$50,000 or more

Nevada Aging & Disability Services
Division

Nevada Department of Health &
Human Services

Nevada Clinical Services

Nevada Department of Transportation
Corporation for National and
Community Service

May & Stanley Smith Charitable Trust

Gifts Totaling \$10,000 to \$49,999

City of Carson

Humboldt County

John Ben Snow Foundation

Lincoln County

Nevada Bar Foundation

NV Energy Foundation

Nye County

William N. Pennington Foundation

White Pine County

Gifts Totaling \$5,000 to \$9,999

Carson City Toyota

Mineral County

City of Winnemucca

EJC Foundation

EL Cord Foundation

City of Elko

Storey County

United Way of Northern Nevada and the
Sierra

Carson City Redevelopment Authority

Gifts Totaling \$1,000 to \$4,999

AT&T Inc.

Barrick Gold of North America

Carson Tahoe Health System

Douglas County

Gold Dust West Hotel & Casino

Greater Nevada Credit Union

IBM Corp.

Nevada Division of Welfare & Supportive
Services Employee Giving

Newmont Legacy Fund

Robert F. Pritchett Family Trust

Southwest Gas

WCF Insurance

Gifts Totaling up to \$999

Alpine Insurance

Advanced Home Health Care

Carson City Emblem Club

Consumer Direct Care Network

Gerard's Paella

Humboldt General Hospital Employee Fund

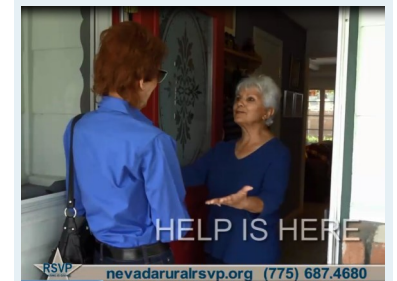
Snap-on Carson City

Southwest Airlines

Vietnam Veterans of America Sierra
Nevada Chapter

Vietnam Veterans of America Carson
Area Chapter

Welcome All Veterans Everywhere



Call to Action

RSVP's 2018 Marketing Campaign helped raise public awareness about the need for Respite and Transportation in rural Nevada



Nevada Rural Counties
RSVP Program, Inc.

MISSION

To provide Lifesaving
Volunteer Programs that
help Seniors Maintain their
Dignity, Self-Respect &
Independence



Take Action Ways to Get Involved

RSVP offers a variety of ways you can get involved,
including:

- Volunteer opportunities
- Corporate matching gift programs
- Upcoming fundraising events
- Online fundraising campaigns

**Visit us online at www.nevadaruralrsvp.org
or call 775-687-4680, ext. 2, to learn more.**



like us on facebook

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